

Phytochemical screening, antioxidant and antimicrobial efficacy of *Protorhus longifolia* (Bernh. Ex C. krauss) Engl. (Anacardiaceae) seed extracts

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Abstract

The objective of this study was to elucidate the phytochemical, antioxidant and antimicrobial activities of *Protorhus longifolia* seed extracts *in vitro*. The phytochemical analysis revealed the presence of flavonoids, glycosides and sterols predominately in the methanol and ethanol extracts. Antioxidant activities were evaluated *in vitro* by DPPH-radical scavenging, H₂O₂ and ABTS⁺ assays. Methanol extract had the highest DPPH scavenging activity (95% at 200 µg/ml), while hexane extract had the lowest DPPH scavenging activity (16% at 25 µg/ml). Aqueous extract showed high percentage of scavenging activity in ABTS⁺ radical system compared to other assays. Amongst all the extracts, methanol extract showed significant inhibitory effect against *Staphylococcus aureus* (inhibition zone diameter 16mm) while different seed extracts showed no activity against *Enterococcus faecalis*. While in the case of fungal strains, only methanol extract showed antifungal activity against *Candida albicans* ATCC 10231 (< 9 mm) and *Candida albicans* (< 7 mm). The study indicates that

methanol extract of seeds of *P. longifolia* exhibit strong antioxidant and antimicrobial activity and would be potential sources of antioxidant and antimicrobial agents of natural origin and could be used as potential alternative for treating various diseases.

Keywords: Antibacterial; Antifungal; Flavonoids; Methanol extract; Phytochemical; *P. longifolia* seed extract

Introduction

Natural products, such as plants extract, either as pure compounds or as standardized extracts, provide unlimited opportunities for new drug discoveries because of the unmatched availability of chemical diversity (1). According to World Health organization (WHO), more than 80% of world's populations of Asia, Africa and Latin America rely on traditional medicine for their primary health care needs (2). Nevertheless, of all the c.250 000 species of higher plants on earth, only a fraction has been examined for all aspects of their potential therapeutic medicinal value (3). The study of plants continues principally for the

discovery of novel secondary metabolites. Around 80% of product were of plant origin and there sales exceeded US \$64 billion in 2003

Plants based bioactive molecules that can be used as medicine with wide spectrum of activities can be derived from any part of the plant like leaves, bark, flowers, roots, fruits, seeds etc. (4, 5). This therapeutic property is attributed by variety of chemical substances synthesized by plants as secondary metabolites which include alkaloids, saponins, tannins, flavonoids, glycosides, and anthraquinones (6). Furthermore, the use of traditional medicine and medicinal plants in most developing countries remains more affordable than western medicine and also easily accessible by the poor communities (7). In South Africa in particular, many rural ethnic groups rely on traditional indigenous plant knowledge to treat various diseases in both humans and livestock (8, 9). In the order of 15% of the 24 000 taxa recorded in southern Africa are used in traditional medicines (10) and an estimated 500 plant species are traded in informal medicinal plant markets (11).

Protorhus longifolia (Benrh.) Engl. (Red beech) of Anacardiaceae family is a medium to large mostly dioecious tall tree native to South Africa and Swaziland. The bark of *P. longifolia* has been traditionally used to cure various diseases such as heart water and diarrhea in cows (12), hemiplegic paralysis, heart burn, bleeding from the stomach and in the management of blood clotting related diseases (13). The leaves extracts of *P. longifolia* have been reported to possess antimicrobial activity (14, 15) and 10.2-18% tanning material from the bark (16).

Given the alarming incidence of antibiotic resistance in bacteria of medical significance, and paucity of biological activity from seed of *P. longifolia*, the present study was taken to explore phytochemical, antioxidant and antimicrobial activity using different in vitro approaches.

Materials and Methods

Chemicals: Hexane (HE), Ethyl acetate (EA), Chloroform (CH), Methanol (MetOH), Ethanol

(EtOH), DPPH (2,2-diphenyl-1-picrylhydrazyl), Hydrogen Peroxide (H₂O₂) and ABTS™ (2,2'-azino-bis) was purchased from Sigma-Aldrich Chemical Co. (St Louis, MO, USA). All the chemicals used including the solvents, were of analytical grade.

Collection and preparation of plant material:

Seeds of *Protorhus longifolia* were collected from Westville campus, University of KwaZulu-Natal (GPS co-ordinates -29.817897, 30.942771). Seeds (100 g) were air-dried and powdered. The dry powder of seeds (100 mg) was individually extracted with hexane (HE), ethyl acetate (EA), chloroform (CH), methanol (MetOH), ethanol (EtOH) and water (H₂O) by the cold percolation method (17). Samples were vigorously mixed using a vortex [Lasec SA (Pty) Ltd.] and left to stand for 24 hours at room temperature. The supernant was collected and allowed to completely evaporate using rotary vacuum evaporator (40°C). The extracts were diluted in 10% DMSO for the bioassay to remove other solvents which would possible affect the testing compounds.

Preliminary phytochemical screening:

The preliminary phytochemical screening of aqueous, methanol, ethanol, hexane, ethyl acetate and chloroform seed extracts of *P. longifolia* was subjected to different chemical tests for the detection of different phytoconstituents using standard procedures (18-24). The qualitative phytochemical analysis was performed to identify the presence of alkaloids, flavonoids, glycosides, tannins, saponins, steroids and phenolic compounds from the seed extracts of *P. longifolia*.

In vitro methods

Disc diffusion method: Disc diffusion method for antimicrobial susceptibility testing was carried out according to the standard method by Bauer et al. (25) to assess the presence of antibacterial activities of the plant extracts. A bacterial culture (which has been adjusted to 0.5 McFarland standard) was used to lawn Mueller-Hinton agar plates using evenly using a sterile swab. The plates were dried for 15 minutes and then used for sensitivity test. The discs which had been impregnated with series of plant extracts were

placed on Mueller-Hinton agar surface. Each test plate comprises of six discs, one positive control, which is a standard commercial antibiotic disc, one negative control and four treated discs. Sterile filter paper discs (10 mm in diameter, Whatmann) were aseptically transferred on agar surfaces and immediately impregnated with 2 μ l (400 μ g) of prepared plant extracts and incubated for 24-48 h at 37 °C. Likewise, Vancomycin (30 μ g) and Amoxicillin (25 μ g) were used as positive control. After the incubation, the plates were examined for inhibition zone. After the incubation, the plates were examined for inhibition zone. The inhibition zone were then measured using calipers and recorded. The test were repeated three times to ensure reliability.

Evaluation of minimum inhibitory concentrations (MICs)

Antibacterial activity: Minimum inhibitory concentration, defined as the lowest concentration of an antimicrobial agent that inhibits the growth of a microorganism after overnight incubation was determined by monitoring the growth of bacteria in a microplate reader (Synergy HT, BioTek Instruments) at 630 nm by micro dilution method as per NCCLS guidelines (26). The bacterial test cultures used in this study were *Escherichia coli* (ATCC 35218), *Klebsiella pneumoniae* (ATCC 700603), *Staphylococcus aureus* (ATCC 43300), *Enterococcus faecalis* (ATCC 5129) and *Pseudomonas aeruginosa* (ATCC 27853). A serial two fold dilutions of crude extracts were made over the range of 200-1.25 μ g/ml to make up in sterile 96-well plates (27). The wells were then inoculated with diluted overnight broth culture initially adjusted to a cell density of 1.5×10^8 (0.5 McFarland standards) and incubated at 35°C for 24 hours. Neomycin (Sigma) served as a positive control. MIC was recorded as the lowest concentration at which no growth was observed. All experiments were carried out in triplicates.

Antifungal activity: MIC values were determined using standard broth microdilution method according to M27-A2 (for yeast) as per CLSI guidelines (28). Briefly, yeast strains *Candida albicans* (ATCC-90028); *Candida krusei* (ATCC-

6258); *Candida parapsilosis* (ATCC-22019) were grown aerobically overnight at 35°C on Sabouraud dextrose agar (Merck) plates. Yeasts were harvested and suspended in 1% sterile saline and the turbidity of the supernatants measured spectrophotometrically at 625 nm with an absorbance of 0.08-0.1 equivalents to the No. 0.5 McFarland standard following the NCCLS M27-A2 guidelines. The working suspension was diluted 1:20 in a mixture containing RPMI 1640 medium and 0.165 m morpholine-propanesulfonic acid (MOPS, Sigma-Aldrich) buffered to pH 7.0. The working suspension was further diluted with the medium (1:50) to obtain the final test inoculums ($1-5 \times 10^3$ CFU ml⁻¹). The microtitre plates were allowed to thaw and equilibrate to room temperature under aseptic conditions which contains different concentrations of testing compounds. 100 μ l aliquots of working inoculum suspensions were dispensed into each well and the plates incubated in an aerobic environment at 35 °C for 24 h. After incubation, 20 μ l of 3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-18sulfophenyl)-2H-terazolium salt (MTS, Promega Corporation, Madison, USA) was added directly to each well, incubated at 37 °C for 4 h and the absorbance recorded at 490 nm on a 96-well plate reader (Mindray MR-96A). Amphotericin-B was used as standard drug for the comparison of antifungal activity. MIC was recorded as the lowest concentration at which no growth was observed.

Study of antioxidant properties

DPPH free radical scavenging activity: The DPPH radical scavenging capacity of different extracts was measured according to Barku et al. (29), with minor modifications. Extract solutions were prepared by dissolving 0.05g of dry extract in 50ml of methanol. An aliquot of 2ml of 0.004% DPPH solution in methanol and 1ml of seed extract in methanol at various concentrations (25, 50, 75, 100 and 200 μ g/ml) were mixed and incubated at 25°C for 30 min and absorbance of the test mixture was read at 517 nm using a spectrophotometer (UV min 1240, Shimadzu) against a DPPH control containing only 1 ml of methanol in place of the extract. All experiments were performed in

triplicates and the results were averaged. Ascorbic acid was used as a standard (30). The DPPH radical scavenging activity was calculated by the formula given below

$$\% \text{ Radical Scavenging activity} = \left(\frac{A_{\text{blank}} - A_{\text{sample}}}{A_{\text{blank}}} \right) \times 100$$

Where A_{blank} and A_{sample} represent absorption of the blank and tested extract samples respectively.

H_2O_2 scavenging activity: The H_2O_2 scavenging capacity of different extracts was evaluated according to Ruch et al. (31) with minor modifications. A 4 mM solution of H_2O_2 was prepared in phosphate buffered saline (PBS; pH 7.4) at 20°C. Different extract solutions were prepared 100% methanol and then added to H_2O_2 at a final concentrations (25, 50, 75, 100 and 200 µg/ml). H_2O_2 A_{230} was determined 10 min later using a spectrophotometer (UV min 1240, Shimadzu) against a blank containing PBS without H_2O_2 .

The % of inhibition was calculated by the following equation:

$$\% \text{ Scavenged } [H_2O_2] = (A_c - A_s) / A_c \times 100$$

Where A_c is the absorbance of the control and A_s is the absorbance of the test samples respectively.

ABTS⁺ radical scavenging activity: The ABTS⁺ scavenging activities of the seed extracts were determined according to the method of Re et al. (32) with minor modification. Briefly, ABTS⁺ (2 mM) was prepared by dissolving in 50 ml of phosphate buffered saline (PBS; pH 7.4). ABTS⁺ was produced by reacting 50 ml of stock solution with 200 µL of 70 mM potassium persulfate ($K_2S_2O_8$) water solution. The mixture was allowed to stand in the dark at room temperature for 15–16h before use. For the evaluation of antioxidant activity, the ABTS⁺ solution was diluted with PBS to obtain the absorbency of 0.70 (\pm 0.02) at 734 nm. Different concentrations (25, 50, 75 and 100 µg/ml) of the extracts were prepared and mixed with 1 ml of ABTS solution. The absorbance was read at room temperature after 10 min at 734 nm. PBS solution was used as a blank sample.

The % of inhibition was calculated by the following expression

$$\text{ABTS scavenging activity (\%)} = (A_0 - A_1) / A_0 \times 100$$

Where A_0 is the absorbance of the control, and A_1 is the absorbance of the test samples respectively.

Results

Preliminary phytochemical screening: The results of phytochemical screening and qualitative estimation of different extracts of *P. longifolia* studied show that the seeds were rich in flavonoids, glycosides and sterols (Table 1). The seed extracts lacked alkaloids, saponins, phenols and tannins which is worth noting. Particularly, chloroform, methanol and ethanol seed extracts of *P. longifolia* were good sources of different classes of phytochemicals. This indicates that these solvents are effective to isolate active biological compounds due to their high polarity.

Antimicrobial activity: The powdered *P. longifolia* seeds were evaluated for both antibacterial and antifungal activity using hexane, ethyl acetate, chloroform, methanol, ethanol and water using the disc diffusion method in concurrence with the minimum inhibitory concentration (MIC). The results based on the disc diffusion method are presented in Table 2. All crude extracts were found to exhibit antibacterial activity at a concentration of 400 µg/ml, while minimal antifungal activity was observed for different extracts as shown in Table 3. Methanolic and ethanolic extracts displayed high activity against *S. aureus* (>13 mm), *E. coli* (>11 mm), *P. aeruginosa* (>14 mm) and *K. pneumoniae* (>10mm) as presented in Table 2. Antifungal activity was noted maximum for only methanolic extract against *C. albicans* (<7mm) and *C. albicans* 10321 (<9mm).

The minimum inhibitory concentration (MIC) assay was used to quantify the antibacterial activity of *P. longifolia* seed extracts. An advantage in using the method is that both polar and non-polar compounds can be tested found within the crude extracts. The most potent extract was methanol which had MIC values of 62.5 µg/ml

Table 1. Qualitative phytochemical analysis of various seed extracts of *P. longifolia*

Phytochemical Test	Hexane	Ethyl acetate	Chloroform	Methanol	Ethanol	Water
Alkaloids	-	-	-	-	-	-
Flavonoids	-	-	-	+	+	-
Glycosides	+	-	+	+	+	-
Saponins	-	-	-	-	-	-
Sterols	-	-	+	+	+	-
Phenols	-	-	+	+	+	+
Tannins	-	-	-	-	-	-

Note: "+" indicates the presence and "-" absence.

Table 2. Antibacterial activity of extracts of *Protorhus longifolia* seeds extract by disc diffusion method (400 µg/disc concentration) and zone of inhibition (mm ± SD)

Test organisms	HE	EA	CH	MetOH	EtOH	H ₂ O	Neomycin* (PC)
<i>S. aureus</i>	10 ± 0.47	10 ± 0.47	9 ± 0.47	16 ± 0.47	13 ± 0.47	8 ± 0.94	7
<i>E. coli</i>	7 ± 0.47	7 ± 0.47	7 ± 0.47	13 ± 0.82	11 ± 0.94	8 ± 0.47	15
<i>P. aeruginosa</i>	9 ± 1.41	11 ± 0.82	12 ± 0.47	15 ± 0.47	14 ± 0.47	9 ± 0.47	14
<i>K. pneumoniae</i>	8 ± 0.94	7 ± 0.82	7 ± 0.47	13 ± 0.47	10 ± 0.94	9 ± 0.82	15
<i>E. faecalis</i>	NA	NA	NA	NA	NA	NA	8

HE = Hexane; EA = Ethyl acetate; CH = Chloroform; MetOH = Methanol; EtOH = Ethanol; H₂O = Water; 'NA'=No activity
 *PC- Positive control (50 µg/ml)

Table 3. Antifungal activity of extracts of *Protorhus longifolia* seeds by disc diffusion method (400 µg/disc concentration) and zone of inhibition (mm)

Test organisms	HE	EA	CH	MetOH	EtOH	H ₂ O	Amphotericin-B* (PC)
<i>C. albicans</i>	NA	NA	NA	7	NA	NA	12
<i>C. albicans 10231</i>	NA	NA	NA	9	NA	NA	11
<i>C. krusei</i>	NA	NA	NA	NA	NA	NA	9
<i>C. parapsilosis</i>	NA	NA	NA	NA	NA	NA	10

HE = Hexane; EA = Ethyl acetate; CH = Chloroform; MetOH = Methanol; EtOH = Ethanol; H₂O = Water; 'NA' indicates = no activity; *PC = Positive control (20 µg/ml)

against *P. aeruginosa* and was the same as the positive control (Table 4). This antibacterial effect could have resulted from the bioactive composition of phytochemicals present in the plant. Phytochemicals are known to exhibit antimicrobial activity through different mechanisms (33). Flavonoids disrupt microbial cell wall by forming complex with extracellular soluble proteins in the bacteria (34,35). Predominately, flavonoid rich plants possess a broad spectrum of antimicrobial activity (34)

Antioxidant properties: The free radical scavenging activity of *P. longifolia* was studied by its ability to reduce the DPPH, a stable free radical. The DPPH inhibition of various seed extracts are shown in Fig. 1. Percentage scavenging activity of different solvent extracts increased with increase in concentrations. Methanol, ethanol and water extracts exhibited more effective scavenging activity than other solvent extracts. Methanol extract had the highest DPPH scavenging activity (95% at 200 µg/ml), while hexane extract had the lowest DPPH scavenging activity (16% at 25 µg/ml) as compared to the standard control (96% at 200 µg/ml). The reduction in the number of DPPH molecule can be correlated with the available number of hydroxyl groups. Hence the significant scavenging activity may be due to the presence of hydroxyl groups present in the extracts (35).

In the H₂O₂ scavenging assay, all crude extracts quenched the H₂O₂ radical at different concentrations (Fig. 2). Water extract had the highest H₂O₂ scavenging ability (90% at 200 µg/ml), where we can consider it nearly fully inhibiting, while hexane extract had the lowest H₂O₂ scavenging activity (22% at 25 µg/ml). Water extract was more effective as it exhibited the same activity as the standard control (90% at 200 µg/ml). However, the reducing power of various extracts increased with increasing dose.

In ABTS assay, aqueous extract had the highest ABTS⁺ scavenging activity (96% at 200 µg/ml), while hexane had the lowest ABTS⁺ scavenging activity (17% at 25 µg/ml) as shown

in Fig. 3. This wide range of antioxidant activity may be attributed to the wide variety of bioactive compounds like phenolics, flavonoids, tannins etc. present in the plant. In all antioxidant assays evaluated, the extracts showed efficient activity as compared to standard ascorbic acid.

Discussion

Ethno-pharmaceutical studies and alternative medicine have become increasingly valuable in the recent years and medicinal plants

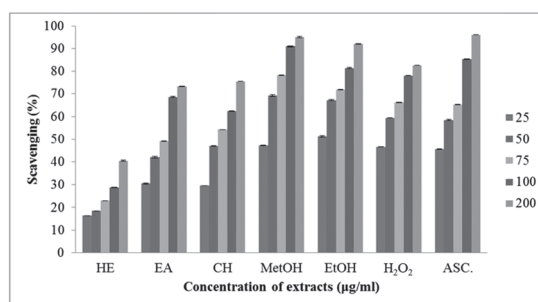


Fig. 1. DPPH radical scavenging activity of different concentrations of *P. longifolia* seed extracts and ascorbic acid.

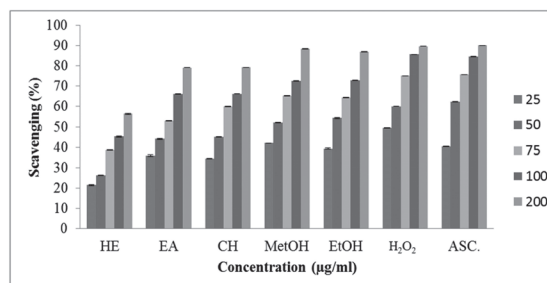


Fig. 2. H₂O₂ scavenging activity of different concentrations of crude extracts and ascorbic acid.

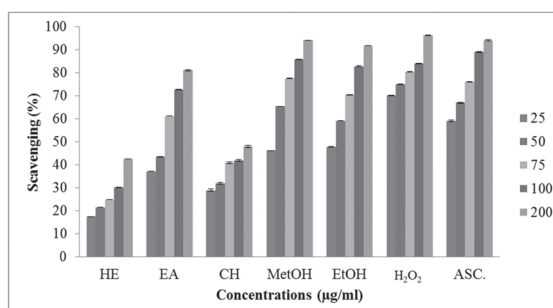


Fig. 3. ABTS⁺ scavenging activity of different concentrations of crude extracts and ascorbic acid

Table 4. In vitro antibacterial activity of *P. longifolia* extracts (MIC in µg/ml)

Test organisms	HE	EA	CH	MetOH	EtOH	H ₂ O	PC*
<i>S. aureus</i>	200	200	200	100	200	200	128
<i>E. coli</i>	200	100	-	150	100	200	62.5
<i>P. aeruginosa</i>	150	100	150	62.5	100	150	62.5
<i>K. pneumoniae</i>	150	100	200	100	>100	150	62.5
<i>E. faecalis</i>	NT	NT	NT	NT	NT	NT	100

S. aureus: *Staphylococcus aureus*; *E. coli*: *Escherichia coli*; *P.aeruginosa*: *Pseudomonas aeruginosa*; *K. pneumoniae*: *Klebsiella pneumoniae*; *E. faecalis*: *Enterococcus faecalis*.

HE = Hexane; EA = Ethyl acetate; CH = Chloroform; MetOH = Methanol; EtOH = Ethanol; H₂O = Water; '-' indicates = no activity

*PC = Positive Control (Neomycin) - 20 µg/ml and NT=Not tested.

are now part of the health care system. The medicinal plant conservation programs and their sustained supply are part of global health strategy (36).

The present findings of phytochemical content were in agreement with another study carried out by other researchers Moosa et al. (37, 38) who carried out in vitro evaluation of antihyperlipidemic potential of triterpenes from stem bark of *Protorhus longifolia* commonly used by Zulu traditional healers to manage blood clotting related diseases. Presence of flavonoids, glycosides and phenols in methanolic extract may be responsible for its free radical scavenging activity. It is not surprising that there are differences in the antimicrobial effects of plant groups, due to phytochemical properties and differences among species. The investigated plant seeds did not show presence of alkaloids; however, negative results do not mean absence of bioactive constituents. Active compound may be present in insufficient quantities in the crude extracts to show activity with the dose levels employed (39, 40). Lack of activity can thus only be proven by using large doses (41). Alternatively, if the active principle is present in high enough quantities, there could be other constituents exerting antagonistic effects or negating the positive effects of the bioactive agents (42).

The methanolic extract of seeds of *P. longifolia* displayed highest antibacterial activity against the majority of pathogens tested. This indicates that the extracts possess substances such as flavonoids, glycosides, and tannins which have been linked with the healing properties of plants (43). The relatively high antibacterial activity of methanol extract and ethanol extract could imply that the methanol and ethanol solvents extracted more bioactive compounds and accordingly contributed to a great degree of inhibition. Water is mostly used by traditional healers in preparing extracts however, plant extracts derived from methanol and ethanol have also been found to be active against bacteria from this study. *S. aureus* (Gram positive) was more susceptible to the extracts than Gram negative pathogens tested as shown in Table 4. Antimicrobial studies have shown that Gram negative bacteria show a higher resistance to plant extracts than Gram positive bacteria (44). This may be as a result of the variation in the cell wall structure of Gram positive and Gram negative. More especially, Gram negative bacteria have an outer membrane that is composed of high density lipopolysaccharides that serves as a barrier to many environmental substances including antibiotics (45). Alternatively, the passage of the active compound through the Gram negative cell wall may be inhibited. It is thought that observed

differences may result from the doses used in this study. In addition, microorganisms show variable sensitivity to chemical substances related to different resistance levels between strains (46).

DPPH is a stable free radical at room temperature and accepts an electron or hydrogen radical to become a stable diamagnetic molecule (47). The reduction in the number of DPPH molecules can be correlated with the number of available hydroxyl groups. We can infer that, the high antioxidant activities of the methanolic, ethanolic and water extracts may be probably due to the presence of compounds with hydroxyl group.

Hydrogen peroxide is a weak oxidizing agent that has an ability to directly inactivate enzymes by oxidation of essential thiol (-SH) groups (48). It can cross cell membranes rapidly, and once inside the cell, H_2O_2 probably reacts with Fe^{2+} , and possibly Cu^{2+} ions to form hydroxyl radical which may be the origin of many of its toxic effects (49). It is therefore biologically advantageous for cells to control the amount of hydrogen peroxide that is allowed to accumulate. The methanol extract, chloroform extract, water extract and ethanol extract scavenged H_2O_2 with increasing concentrations and this may be attributed to the presence of phenolics, which could donate electrons thereby neutralizing it into water.

ABTS⁺ assay can be used as a guide that reflects the antioxidant activity of different extracts. ABTS is a fairly stable free radical which involves the generation of ABTS⁺ mono-cation without involvement of intermediary cation. High antioxidant activity of *P. longifolia* seeds maybe due to bioactive compounds present in the plant extracts such as flavonoids, which was evident in both the methanolic and ethanolic extracts. Flavonoids are responsible for the antioxidant properties of the medicinal plants. Biological effects of flavonoids are linked to their potential cytotoxicity and their capacity to interact with enzymes through protein complexation. Furthermore, flavonoids act as scavengers of free radicals such as reactive oxygen species (ROS),

and also prevent their formation by chelating metals. Furthermore, flavonoids contain broad spectrum of biological activity like antimicrobial properties (50, 51).

Conclusion

The seed extracts of *P. longifolia* is a potentially a good source of antimicrobial agent and demonstrate the importance in medicine and in assisting primary health care in this part of the world. Preliminary phytochemical analysis during the present study also ascertains the presence of some potential group of bioactive substances, but the nature of active phytochemical responsible for antibacterial activity cannot be ascertained. Amongst various solvents investigated to access the extraction effectiveness, methanol extract showed remarkable activity. Further studies are necessary to isolate and characterize the active components of the extracts and also to elucidate their antimicrobial mechanisms of action and to further validate pharmacological evaluation.

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Conflict of Interest: Authors declare no conflict of interest.

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